

## **Advisory Board of Health Meeting Minutes**

A regularly scheduled meeting of the Advisory Board of Health (ABH) was held on Wednesday, November 16, 2011 in room 213 of Town Hall.

Members present: Kevin Cunningham, Chair; Dr. Jose Cara, Vice Chair; and Mary Guimond, Clerk  
Members absent: Jennifer Geddes  
Guest: David Knauf, Director of Darien Health Department

The meeting was called to order by Chair Cunningham at 7:05 pm. Minutes of the September meeting were approved without comment or change. Mr. Knauf had three topics to review:

**Flu Prevention Clinic.** The Health Department has held five clinics this season, two of which were held at the Senior Center. Over 400 people have received immunizations. He reports that the on-line scheduling for appointments has been very effective.

**Drug Collection Day.** In our third such day, 152 pounds of drugs were collected. The two previous collections yielded 45 pounds and 99 pounds, respectively. The Department will continue to have designated days, in association with the DEA, in the future.

**Mass Distribution Drill.** Working with Dr. Falcone, the Health Department conducted a drill to measure the effectiveness of mass distribution of medications via the schools. Parents were notified of the drill. While a report on the outcome is pending, preliminary results indicate 1200 mints (representing medication) were distributed for 1700 people in 50 minutes. This drill indicates that distribution through the schools is an effective means of dissemination of drugs.

A schedule for meetings for 2012 was set – the third Wednesday of each month, at 7:00 pm, every other month starting in February. Ms. Guimond will make arrangements to get those meetings booked through Town Hall.

A draft of a health survey has been completed by Chair Cunningham and Vice Chair Cara will review the document. This survey will be used to update information originally captured by the 2007 Town Health Assessment.

Vice Chair Cara suggested continued dialogue regarding the enhancement of pedestrian safety throughout town as a topic for next year's agenda.

The meeting was adjourned at 7:40 pm.

Respectfully submitted on November 17, 2011

Mary Guimond, Clerk